

Category	Menu Item	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fibers (g)	Sugar (g)	Protein (g)
Appetizers	Queso	1 appetizer	450	330	37	22	2	105	1,940	12	1	5	21
	Queso Compuesto	1 appetizer	580	410	46	24	2	125	2,440	18	4	7	29
	Cheese Quesadilla	1 appetizer	1,260	760	84	47	3	230	2,320	74	6	5	50
	Chicken Quesadilla	1 appetizer	1,240	650	73	37	2	250	2,130	74	6	5	71
	Steak Quesadilla	1 appetizer	1,340	770	86	42	3	255	2,190	74	6	5	67
	Chicken Fajita Panchos	1 appetizer	1,780	900	100	33	2	235	3,610	140	26	11	84
	Fajita Beef Panchos	1 appetizer	1,880	1,010	113	38	3	235	3,670	140	26	12	81
	Ground Beef Panchos	1 appetizer	1,780	950	106	36	3	200	4,140	142	26	13	68
	Bean & Cheese Panchos	1 appetizer	1,590	840	94	32	2	145	3,430	139	26	11	51
	App Plate	1 appetizer	2,020	1,070	119	52	3	335	4,700	141	19	13	98
Guacamole	1 appetizer	180	150	16	3	0	0	590	10	7	0	2	
Salads	Taco Salad	1 salad	410	240	27	12	1	70	580	30	7	7	18
	Mexi-Cobb Salad	1 salad	820	480	53	25	2	230	1,000	26	10	9	64
<i>*Salad dressings not included in analysis. See below.</i>													
Salad Dressings	Creamy Jalapeno	4 oz	410	380	42	7	0	35	1,340	6	0	3	2
	Honey Mustard	4 oz	490	440	48	8	0	40	820	14	0	12	3
	Cilantro Vinaigrette	4 oz	580	580	65	10	0	0	210	1	0	0	0
Soups	Torilla Soup Cup	1 cup	280	130	14	4	0	55	800	18	4	3	21
	Torilla Soup Bowl	1 bowl	550	250	28	7	0	110	1,600	36	8	6	42
Fajitas	Combo Fajitas for 1	1 entrée	1,060	480	54	24	2	230	1,830	74	9	13	72
	Combo Fajitas for 2	1 entrée	2,020	910	102	45	3	435	3,640	136	16	21	142
	Chicken Fajitas for 1	1 entrée	990	390	44	21	1	225	1,790	73	9	13	75
	Chicken Fajitas for 2	1 entrée	1,880	740	82	38	2	430	3,550	136	16	21	147
	Beef Fajitas for 1	1 entrée	1,130	570	64	28	2	230	1,870	74	10	13	69
	Beef Fajitas for 2	1 entrée	2,160	1,090	121	52	5	445	3,720	137	17	21	136
Burritos	Bean & Cheese Burrito	1 entrée	890	430	48	20	2	90	1,720	79	12	4	36
	Ground Beef Burrito	1 entrée	870	380	42	13	1	75	2,070	81	13	5	40
	Roasted Chicken Burrito	1 entrée	850	300	34	9	0	105	1,430	78	12	3	55
	Fajita Chicken Burrito	1 entrée	920	360	41	12	1	125	1,620	78	12	4	59
	Fajita Beef Burrito	1 entrée	1,020	480	54	17	2	130	1,680	79	12	4	55
	<i>*Rice and Sauce not included in analysis.</i>												
Bowl	Tex-Mex Bowl	1 entrée	780	300	34	13	1	70	2,900	100	12	13	24
Tacos	Guacamole Soft Tacos	1 entrée	500	270	30	10	0	35	1,410	48	11	4	15
	Chicken Soft Tacos	1 entrée	550	210	24	10	1	125	980	38	5	3	46
	Seasoned Ground Beef Soft Tacos	1 entrée	510	240	27	12	1	80	1,350	40	5	4	27
	Fajita Beef Soft Tacos	1 entrée	650	330	37	14	2	130	1,030	39	5	3	42
	Crispy Beef Tacos	1 entrée	770	460	51	24	2	175	1,430	33	4	4	43
	Steak Tacos Al Carbon	1 entrée	670	330	37	14	2	130	1,040	43	6	5	43
	Chicken Tacos Al Carbon	1 entrée	570	210	24	10	1	125	980	43	6	5	47
	Combo Tacos Al Carbon	1 entrée	620	270	30	12	1	125	1,010	43	6	5	45
	Baja Shrimp Tacos	1 entrée	690	390	44	8	0	20	2,270	53	5	6	24
	<i>*Rice and Beans not included in analysis.</i>												
House Specialties	King Memorial Combo	1 entrée	1,210	590	66	30	3	215	2,890	96	13	14	59

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	Comida Deluxe	1 entrée	1,190	620	68	29	2	200	2,520	92	13	8	56
	Green Chile Fried Chicken	1 entrée	790	430	48	18	0	130	1,040	47	5	3	45
	Chuychanga	1 entrée	870	510	57	22	1	150	1,380	46	3	4	43
	Chicken Flautas	1 entrée	670	310	35	12	0	135	700	46	6	4	42
	Taco & Enchilada Combo	1 entrée	480	260	28	14	1	95	1,090	33	5	4	25
	Steak Burrito	1 entrée	860	420	47	20	2	195	2,150	47	4	3	60
	Relleno & Enchilada Combo (choose any two):												
	Chicken Relleno	1 each	750	420	47	16	1	110	1,050	46	7	9	34
	Cheese Relleno	1 each	840	540	59	24	2	120	1,430	47	7	9	28
	Roasted Chicken Enchilada	1 each	170	55	6	3	0	50	130	12	2	1	17
	Cheese Enchilada	1 each	265	160	18	11	1	70	375	12	2	1	14
	Seasoned Ground Beef Enchilada	1 each	180	85	10	5	1	40	380	13	2	1	11
	Veggie Enchilada	1 each	170	60	7	3	0	18	485	22	4	5	7
	<i>*Rice and Beans not included in analysis.</i>												
Enchiladas	Tex-Mex Enchiladas	1 entrée	630	360	40	23	2	150	1,350	37	6	4	32
	Chicka-Chicka Boom-Boom Enchiladas	1 entrée	540	260	28	17	1	150	1,130	26	3	3	43
	Veggie Enchiladas	1 entrée	340	120	14	6	1	35	970	43	7	10	13
	Deluxe Chicken Enchiladas	1 entrée	470	190	21	12	1	125	820	32	4	5	35
	Custom Enchiladas:												
	Beef Enchiladas	1 entrée	360	170	19	9	1	80	760	25	3	2	22
	Cheese Enchiladas	1 entrée	530	320	35	22	2	140	750	24	3	2	27
	Roasted Chicken Enchiladas	1 entrée	340	110	12	6	0	100	260	23	3	1	33
	Creamy Green Chile Chicken Enchiladas	1 entrée	730	420	47	26	2	205	1,630	37	5	6	40
	<i>*Rice, Beans and Sauce not included in analysis.</i>												
Desserts	Tres Leches	1 plated dessert	1,290	580	65	39	2	350	520	153	1	127	26
	Churro Bites	1 plated dessert	1,200	490	54	9	0	0	1,130	170	4	85	9
Kids	Kids Burger	1 entrée	460	220	24	11	1	90	900	31	0	5	28
	Kids Chicken Fingers	1 entrée	370	170	19	2	0	85	720	19	0	0	31
	Kids Enchilada	1 entrée	270	160	17	10	1	60	560	16	2	2	13
	Kids Burrito	1 entrée	760	330	37	12	1	45	1,840	80	12	6	27
	Kids Cheese Quesadilla	1 entrée	560	330	37	21	2	85	1,770	35	1	3	21
	Kids Chicken Quesadilla	1 entrée	650	360	40	22	2	130	1,870	35	1	3	38
	Kids Soft Tacos	1 entrée	600	250	28	15	1	160	1,010	32	1	0	51
	Kids Crispy Tacos	1 entrée	500	300	34	16	2	115	950	20	2	2	28
	Kids Mac & Cheese	1 entrée	400	170	18	11	1	55	780	42	2	6	17
	<i>*Kids side not included in analysis.</i>												
Kids Sides	Mac & Cheese	4 oz	200	80	9	5	0	25	390	21	0	3	9
	French Fries	6 oz	290	130	14	1	0	0	300	37	5	0	5
	Mexican Rice & Beans	6oz	220	60	6	1	0	0	630	35	4	2	6
Sides	Mexican Rice	5 oz	170	0	0	0	0	0	680	38	2	2	3
	Green Chile Rice	5 oz	200	90	10	2	0	0	370	21	5	1	7
	Refried Beans	5 oz	160	0	0	0	0	0	750	35	2	2	3
Sauces	Queso	4 oz	230	160	18	11	1	50	970	6	0	3	10
	Boom-Boom	4 oz	200	150	17	10	1	50	860	4	0	2	10

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	Creamy Green Chile	4 oz	170	140	15	9	0	45	620	7	0	2	2
	Ranchero	4 oz	60	25	3	0	0	0	470	9	2	4	1
	Hatch Green Chile	4 oz	25	0	0	0	0	0	570	5	1	0	0
	Tex Mex	4 oz	100	40	5	1	0	10	600	13	3	2	4
	Deluxe Tomatillo	4 oz	110	80	9	5	0	25	440	7	1	3	2
	Green Chile	4 oz	80	40	5	1	0	0	480	10	1	2	1
	Creamy Jalapeno	4 oz	410	380	42	7	0	35	1,340	6	0	3	2
	Fresca	4 oz	30	0	0	0	0	0	900	6	2	3	1
	Tomatillo	4 oz	60	25	3	1	0	0	490	9	1	3	0
	Red Chile	4 oz	70	25	3	0	0	0	670	14	4	2	2